



**Cyber
Security**

for
beginners

Start here

What Cyber Security for Beginners is all about

Welcome to the most practical cyber security course you'll attend!

I'm Andra, and along with the Heimdal Security team, we'll take you on a wild ride in the universe of cyber security. We'll check all the important "sights" - **no fluff, no detours, just the stuff you can really use!**

So I think you'll agree with me when I say:

It's REALLY difficult to try to cut through the noise and get just the information you need when it comes to cyber security.

We know there's waaay too much stuff online about the subject, from really technical articles to big data breaches suffered by Forbes Top 100 companies.

"So how can I find relevant, actionable advice?", you may ask

I believe in curated content and its power to **SAVE you TIME and EFFORT** by providing the right insights at the right moment.

So here's what I want to do for you: provide a guide to help you increase the security of your digital assets with **as little hassle as possible!**

Now it's time to kick things off with an overview of the **action-packed lessons** you'll explore in this course:

1. **Security 101: cover your basics in less than 1 hour** Pag. 8
2. **The 10 Internet Security Myths You Need to Forget** Pag. 20
3. **No more technical gibberish! Master basic security terms in 20 minutes** Pag. 35
4. **Cyber criminals can steal your credentials in 2 minutes. Here's how to master your password security.** Pag. 55
5. **How do I choose the best antivirus? We have just the thing for you** Pag. 71
6. **Next-gen anti-hacking tools are here to protect you (because antivirus is not enough)** Pag. 98
7. **Do you know about these security holes in your system?** Pag. 109
8. **Stop procrastinating! Read this & Get your data to safety** Pag. 117
9. **You need data encryption (even if you're not a security specialist)** Pag. 125

10. **And the cyber security specialists said: secure thy browsers or...** Pag. 138
11. **Are you protected from cyber attacks delivered via Wi-fi? Find out** Pag. 168
12. **Keep cyber criminals out of your inbox for good. Here's how** Pag. 188
13. **Share. Tweet. Protect. Repeat. - social media, the safe way** Pag. 210
14. **"Nobody understands the cloud!" - is that you? How to keep your cloud-stored data safe** Pag. 248
15. **Where is your data? Block identity theft attempts like a Pro** Pag. 256
16. **Are you under attack? Detect & block cyber criminals actions** Pag. 276
17. **What your kids & parents need to learn about cyber security** Pag. 287
18. **No-nonsense cyber security: 10 things you never know were necessary** Pag. 304
19. **Cyber Security Ninja level achieved!** Pag. 313

Long list? Not to worry!

[Click here to download full PDF material](#)